

Parents, carers, family members...

**if you need us
we're here.**

Call Parentline NI today for advice, support or guidance.

FREEPHONE



0808 8020 400

Parentline NI is a service operated by Children in Northern Ireland & Relate NI. Funded by the Health and Social Care Board.



You can also contact us
via webchat:

www.ci-ni.org.uk



or email:

parentline@ci-ni.org.uk

