



Activity 1: Watch *First to a Million*

- Download the *First to a Million* Powerpoint file [here](#). It's a big file so it may take a few minutes.
- Open the Powerpoint and watch the film. *First to a Million* is an interactive drama where you choose what happens next.
- In the final scene of *First to a Million* Jamal looks to camera and says "You were there, what do you think we should do?". Write down and answer these questions:
 - **How has each character been affected by what has happened? (Jamal, Meg, Tariq, Aleeya, Lucas)**
 - **What do you think each character should do next?**

Activity 2: *First to A Million – What Happened Next?*

- Re-open the Powerpoint file and watch the 'Character Films', which show what Meg, Lucas, Tariq and Aleeya did next.
- While you watch, write down the name of all the support services for young people which get mentioned.
- After watching, write down and answer the following questions:
 1. Which services can remove a nude image or video of an under 18 year old?
 2. Where could Tariq get emotional support?
 3. How did CEOP help Lucas?
- Tell your parent/carer about what you have learned, either straight away or later on.
- **Optional extension task:** There is no 'Character Film' for Jamal. Write your own ending to Jamal's story, or create a film script or storyboard.

About Thinkuknow

Thinkuknow is the online safety education programme from the National Crime Agency. You'll find lots of support and advice for young people at www.thinkuknow.co.uk.

Parents and carers: Once a fortnight, on Tuesdays, we will produce an activity sheet to help you support your child while schools are partially closed. There's also plenty of advice for parents and carers on keeping your child safe online at www.thinkuknow.co.uk/parents.

Suggested answers

1. The person who posted it can report it to the service provider, such as Instagram, which should quickly remove it. Images can also be reported to the Internet Watch Foundation.
2. Tariq could speak to an adult he trusts, or contact a helpline. Under 18s can speak to **Childline** on 0800 1111. Under 25s can also speak to **The Mix**. It has an online chat service, a free phone helpline (0800 808 4994) and a text support service.
3. Young people can report to **CEOP** (www.ceop.police.uk) if they are worried about something online: e.g. someone making sexual comments, asking for images, or threatening to share nudes. They will get support from a Child Protection Advisor.